

Parents Participation

Story Narration by Nursery parent in the assembly



JUNK FOOD V/S HEALTHY FOOD DON'T EAT JUNK FOOD , ALWAYS EAT HEALTHY FOOD

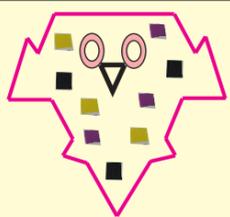
JUNK FOOD, JUNK FOOD GO AWAY GO AWAY..(2)
ICE CREAM, CHOCOLATE, COLD DRINKS ,
GO AWAY GO AWAY(2)
PIZZA, BURGER, CHOW MEIN..
GO AWAY GO AWAY(2)
YOU MAKE ME FAT, YOU MAKE ME WEAK..
GO AWAY GO AWAY..
HEALTHY FOOD HEALTHY FOOD,
COME AND JOIN ME , COME AND JOIN ME..
APPLE, BANANA, MANGO.. COME AND JOIN
ME.(2)
GREEN VEGETABLES I LIKE YOU,
MAKE ME HEALTHY, GIVE ME ENERGY.
EAT HEALTHY, STAY HEALTHY

Mrs. Doshi & Vanshi of Jr A reciting poem in Assembly
Junk Food V/S Healthy Food



For Children...Craft Fun

Parents assist your child for activities



Paper Eagle

What you Need?
Coloured paper
Sketch Pens
Chart Paper
Glue

How to Do?

1. Draw the shape of an Eagle on chart paper as shown.
2. Now, cut the shape out.
3. Tear the coloured papers into tiny bits.
4. Glue the bits of papers on to the cut out.



Mango Shake



Put the ripe mango in a blender. Add a cup of milk, and a tablespoon of sugar into it. Now, turn the blender on, and mix the liquid for a minute. Pour the smooth milkshake into a tall glass. Top it with a scoop of vanilla ice-cream.



Your tasty milkshake is all ready for your taste.

Being Musical



“ Do not train a child to learn by force or harshness; but direct them to it by what amuses their minds” - Plato

Music play a vital role in child development. When you look at nature, you see a certain rhythm in it. Rhythm is such an important element in the process of growing up and learning. Music is a key factor that can improve a child's sense of rhythm. Music helps in boosting different brain processes in a child's development.

Important areas that will help child to improve if he/she learns to play musical instrument or learn music.

- 1) Improves concentration.
- 2) Enhance eye hand coordination/ motor skills.
- 3) Emotional well being and self-expression.

Don't make children learn music in order to make them perform publicly. Instead look at music as an art that will bring them lifelong pleasure and enjoyment. Everyone cannot master an instrument. But everyone can appreciate music. So, encourage children to enjoy music.



IMPORTANCE OF OUTDOOR PLAY

The national panic about kids spending too much time indoors has become so extreme that the crisis has a name "Nature Deficit Disorder". This is mainly due to:

- 1) Technology addicted culture.
- 2) Parental fear about diseases.
- 3) "Stranger Danger" fear.

But imagine how the world would be, if Newton's parents would have not allowed him to play outdoors? It is said that, the best days of childhood are those which end up in dirty clothes. Playing outdoors provide physical as well as mental health benefits some of them are:

- 1) Promotes Social Skills: In a park everything is shared, you have to wait for your chance.
- 2) Reduces Stress: Outdoors are always relaxing and healing.
- 3) It is the best way to strengthen your child's immune system.
- 4) It increases Vitamin D level.
- 5) Nature teaches children to be kind to everything that lives.
- 6) It supports children's creativity.
- 7) Increases physical fitness and reduces obesity.
- 8) Even the best apps will teach your child what to think but nature is the only teacher which teaches "how to think".



9) Nature Heals: Being with nature reduces anger, fear and increases pleasant feelings. Exposure to nature makes you feel better emotionally.

10) Last but not the least outdoor playing builds love towards nature and always remember in the end we conserve only what we love.

By- Meghana Harsh Ghogare (Jr.KG-A)

Information For Parents

Summer Vacations around the corner.

Parents are busy searching for suitable camp for the kids.

Almost 2 months break.

Art, theatre, Football, basketball, robotics, dance, nature walk, cooking, painting, poured with options...



Dear parents, kindly include the following also in the list:

1. Let kids learn to wash their plates.
A 12 yr girl last time shocked me when I asked her to put the plate in the sink by saying _'oh sorry aunt. I did not know this is my duty. My house, either maid or ma takes it..
2. Every morning, make kids learn to fold their bed sheets and arrange their pillows and beds.
3. During this 2 months period, let kids learn to eat what is cooked at home instead of what she likes to eat.
4. Let kids gather their friends & go for evening walks, introduce themselves to neighbors.
5. Let kids make lemonade along with their friends after their outdoor play.



6. Let kids share toys.
My daughter has 2 cousins at hometown. When she is going to visit them, she is taking only one set of toys, not 3 sets. This time she learns how to share.

7. Instead of going to big cinema halls, gather lil' friends, make a screen in the terrace, hire a projector and watch movie. We did this last time. Awesome experience.

8. Let kids stay with grand parents, uncles and aunts without parents for at least a week.
Kids are ready to explore!! _Only parents' fear block them._ Without showing them options parents decide kids can't or don't stay without them.

9. Let kids make a dollhouse out of cardboard .

10. Kids can make kitchen utensils out of real clay.
You never believe the creativity of the kids when you leave them to do by their own.



11. If they get sick, let them heal without any medicine.
Can't we wait parents? It's only vacation. Atleast now we can let their immunity work.

12. Let them wake up without alarm, let them go bed after a tiring play.
There is definitely life beyond maths, language , science, art, craft, robotics, handwriting, Olympiads etc..

Waking them up again in the morning, getting them dressed for some classes, making them sit and do activities again... please remember ***NOT ALL CLASSROOMS HAVE 4 WALLS.***
Summer vacation is not only for kids, it's for parents who can take time to recharge themselves for the next academic year, take care of their health and mind.



And for grandparents, uncles, aunts and cousins who are eagerly waiting for these kids to come..

ANNUAL SPORTS DAY

Every year, the Annual Sports Day event brings forth the spirit of sportsmanship in each child as they contest against each other, compete as teams, strive for higher levels of performance with each attempt and learn the basic life skills that –

- All work and no play, makes us dull.
- In life, you win some, you lose/learn some.

This year we had our Junior KG and Senior KG Annual Sport Day on the 20th December '17 at TFA Ground.



Very rightly said that "Sports do not build character, they reveal it".



TRACK EVENTS



Jr.KG-E Bottle Balancing Race



Jr.KG-D Thread the Needle Race



Jr.KG-A Treasure Hunt Race



Our Special Guest for Junior KG were Mrs. Puja Mehta m/o Yug Mehta from Jr. KG- E (GB), Mrs. Dolly Desai m/o of Raavi Desai Jr. KG-B (CB) and our dear Mrs. Sadhana Chhabra Ma'am.



Releasing balloons by our chief guest to declare the Sports Meet Open followed by Drill Display by Junior KG children.



Our Junior KG children displayed Yogasanas. This set of exercise not only stretches each and every muscles in the body. it helps to find the harmony for mental, physical and spiritual growth.



YOGA DISPLAY



TUG - OF - WAR WINNERS



Parents Event Winners



श्रुति खट



Sr.KG- G & H



Sr. KG-C Drill Display



Parents Winners

Our Special Guests were Mr. Hiten Panchal f/o of Swara Panchal of Sr. KG-E (GB) and Mrs. Doris Mehta m/o of Viha Mehta of Sr.KG-C (CB).

Pyramid Display

Sport develops a sense of friendliness among the children and develop their team spirit. It helps children to develop mental and physical toughness. This is because sports improve their blood circulation and their physical well-being. Senior KG children displayed their sportsman spirit through a colourful and vibrant range of drill. They showed their strength and optimistic attitude through various track events, relay, tug of war and pyramid display.



Our little gymnasts displayed an awe-inspiring pyramid. It is a pure display of their concentration, coordination and kinesthetic skills. **Courage, sacrifice, determination, commitment, toughness, heart, talent, guts.** That's what our TFAites are made of.



Relay Race by Senior KG children.



Relay Race Winners (Girls)



"Talent wins games, but teamwork and intelligence win championships".



"Coming together is a beginning. Keeping together is progress. Working together is success."



Tug-of-war Winners



Picking the Toys and Running Backward Sr.KG-A

ANNUAL CONCERT 2017-18- PINOCCHIO - A LIFE WITHOUT STRINGS!

TFA annual concerts are always based on a theme, which allows children the opportunity to acquire new knowledge, and engage in theatre, music and dance. The theme this year was **'PINOCCHIO – A LIFE WITHOUT STRINGS!'** The Blue Fairy grants the woodcarver Gepetto's wish that the wooden puppet “Pinocchio” to become a real boy, and he has to prove himself **“brave, truthful and unselfish”**. The journey of Pinocchio to become a real boy unfolds adventures by traveling through land, mountains, sea, meeting all kinds of people and creatures. He even experiences everyday situations like running away from school, telling lies, enjoying the wrong things and yet shows how he eventually becomes responsible and proves his bravery, truthfulness and generosity.



For the morning show we had Dr. Priyanka Behrani as a Chief Guest. Dr. Priyanka Behrani Ma'am is an Assistant Professor in the Department of Education and Psychology.

For the afternoon show we had Dr. Anal Mehta as a Chief Guest. Dr. Anal Mehta Ma'am is a renowned Homeopath and a Holistic Healing practitioner.

GLIMPSES OF THE ANNUAL CONCERT

↓ **“Gratitude is the fairest blossom which springs from the soul”** ↓



Token of Gratitude



Annual Report by TFAites



Compering by our little ones...

Pritha (Sr-C) & Meshwa (Sr-A)

Dhyani (Sr-E) & Hayaa (Sr-F)



APPRECIATION LETTER FROM A PARENT

My heartiest **Congratulations** to the entire team of **TFA** for the grand success of annual concert. The entire audience was speechless and stunned, the way the little stars performed and confidently showcased their talents. The simple message **“Prove yourself brave, truthful and unselfish and sometimes you will be a real you”** was conveyed most effectively and innocently by the little stars. Everything from concept, costume, special effects, dialogues, dubbing was simply outstanding and the transition from drama to dance was very smooth and synchronized. All cheers and gratitude to the entire team of **TFA** for the hard work and dedication put throughout. The teachers and the entire staff who have worked extensively for extended hours, while sweating for finale, truly deserve applaud.

- from: **Mrs. Doris Mehta (Proud parent of Viha - Sr - C)**



Prayer Dance by Sr KG -C children



Lamp Lighting by our Respected Tandon Ma'am and Binita Ma'am